**Sarah R. Edwards, Ph.D., LP**

**Positions held**

Assistant Professor of Counseling Psychology, University of North Dakota August 2011-present

**Education**

**Ph.D. Iowa State University,** Ames, IA August 2007 – Aug. 2011

Counseling Psychology, APA accredited program

Cumulative GPA: 4.00

Dissertation: *Normative Influence and Perceptions of Sexual Intent as Interacting Factors in Sexual Aggression*

Advisor: David L. Vogel, Ph.D.

APA accredited pre-doctoral internship

University of Iowa Counseling Center August 2010 –Aug. 2011

**M.S. North Dakota State University,** Fargo, ND August 2004 - June 2006

Clinical Psychology

Cumulative GPA: 3.94

Thesis: *A Primary* *Dating Violence Prevention Program for College Students*

Advisor: Verlin B. Hinsz, Ph.D.

Graduated: May 2007

**B.S.** **North Dakota State University,** Fargo, ND August 2001 – August 2004

Major: Psychology

Cumulative GPA: 3.86

Graduated: August 2004

**Manuscripts**

**Edwards, S.R.,** & Hinsz, V.B. (in press). A Meta-analysis of Empirically Tested School-based Dating Violence Prevention Programs. *Sage Open*

**Edwards, S.R.,** & Vogel, D. L. (in press). The Influence of Perceived Social Norms on the Relationship of Perceptions of Sexual Intent and Commitment of Sexual Aggression. *Journal of Men and Masculinity*

**Edwards, S.R.,** & Hinsz, V.B. (in press). Exploring attitudinal variables predictive of how men perceive rape. *Problems of Psychology in the 21st Century.*

Hammer, J., Vogel, D., & **Heimerdinger-Edwards, S.R.** (2012). Are Help-Seeking Models Equally Applicable to Men from Different Community Sizes Educational Backgrounds and Income Levels? *Journal of Men and Masculinity.*

Betts, K. R., Hinsz, V. B., **Heimerdinger, S. R.** (2011). Predicting intentions of romantic partner abuse with the theory of planned behavior. *Current Psychology: A Journal for Diverse Perspectives on Diverse Psychological Issues, 30(2),* 130-147.

Vogel, D. L. , **Heimerdinger-Edwards**, S. R., Hammer, J., Hubbard, Asale (2011). Boys don’t cry: Examination of the links between masculine norms, self-stigma, and help-seeking attitudes for men from diverse backgrounds. *Journal of Counseling Psychology, 58(3), 368-382.*

**Heimerdinger-Edwards**, S. R., Vogel, D. L., & Hammer, J. (2011). Extending sexual objectification theory and research to minority populations, couples, and men. *The Counseling Psychologist, 39 (1), xx-xx.*

Seaman, J., Vogel, D. L., Madon, S., & **Heimerdinger-Edwards**, S. R. (2010). The power of touch: Nonverbal communication within married couples. *The Counseling Psychologist*

Meier, B. P., Hinsz, V. B., & **Heimerdinger**, S. R. (2008). A framework for explaining aggression involving groups *Social and Personality Psychology Compass,* *2(3),* 298-312.

**Heimerdinger**, S. R., & Hinsz, V. B. (2008). Failure avoidance motivation in a goal-setting situation. *Human Performance, 21(4),* 383-395*.*

Hinsz, V. B., **Heimerdinger**, S. R., Henkel, J., M., & Spieker, C. J. (2006). The relevance of test-accuracy and base-rate information for the prediction of disease occurrence. *Current Psychology, 24,* 80-90.

**Grants**

**Edwards, S.R. (PI),** & Vogel, D.L. Using Normative Influence in the Primary Prevention of Sexual Violence and to Facilitate Bystander Intervention, RO1 grant application for $ 872,111.00 , not funded

**Conference Presentations \* indicated student co-presenter**

McCullagh, J, A\*., **Edwards, S.R.,** & Unsworth, S. K.\* (2013). Client-Therapist Cognitive Style and Therapeutic Outcomes in Mental Health Therapy. Poster accepted for presentation at the annual meeting of the American Psychological Association, Honolulu, Hawaii, August, 2013. ,

Edwards, S. R., & Vogel, D. L. (2012). Sexual Aggression as a Function of Perceived Sexual Intentions and Social Norms. Poster presented at the annual meeting of the American Psychological Association, Washington, DC, August, 2012

Epperson, D. L., Ralston, C. A, & **Edwards, S. R.** *Validation of the Juvenile Sexual Offender Recidivism Risk Assessment Tool II (JSORRAT) in Iowa.* Paper presented at the 28th Annual Research and Treatment Conference of the Association for the Treatment of Sexual Abusers, Dallas, TX, October 2009.

Epperson, D. L., Ralston, C. A, & **Edwards, S. R.** *Juvenile Sexual Offender Recidivism Risk Assessment Tool II (JSSORAT-II): Updated Research on Reliability and Validity.* Paper presented at the 13th annual conference of the Minnesota Association for the Treatment of Sexual Abuser, Minneapolis, MN, April 2009.

Epperson, D. L., Ralston, C. A, & **Edwards, S. R.** *Empirically Based Risk Assessment with Juveniles: Concerns, Issues and a Conceptual Model.* Paper presented at the 13th annual conference of the Minnesota Association for the Treatment of Sexual Abuser, Minneapolis, MN, April 2009.

**Heimerdinger, S. R.** & Hinsz, V. B. *Dating Violence Prevention Using Normative Influence and Behavioral Skills Training.* Poster presented at the annual meeting of the American Psychological Association, Boston, MA August 2008.

**Heimerdinger, S. R.** & Hinsz, V. B. *Effects of a brief, theory-based STD-prevention program for female college students.* Poster presented at the annual meeting of the American Psychological Society, Washington, DC, May 2007.

Miltenberger, R. G., Bosch, A., Jostad, C., Knudson, P., Mackner, A., **Heimerdinger, S. R**., et al. *Analysis of Habit Reversal and Adjunct Treatment for Trichotillomania: Factors Contributing to Hair Pulling.*  Poster presented at the annual meeting of the American Psychological Association, Washington, DC, August 2006.

**Heimerdinger, S. R.** *The Efficacy of Primary Dating Violence Prevention Programs in Secondary Education: A Meta-Analysis.* Poster presented at the annual meeting of the American Psychological Society, New York, NY, May 2006**.**

Bosch, A., Knudson, P., Mackner, A., Jostad, C., **Heimerdinger, S.,** Randall, A, et al. *Analysis of Habit Reversal and Adjunct Treatment for Trichotillomania: Factors Contributing to Hair Pulling.* Paper presented at the Annual Midwestern Conference on Professional Psychology, Mankato, MN, April 2006.

Blume, M, & **Heimerdinger, S**. *The Prevalence of Verbal, Physical and Sexual Dating Violence in NDSU students.* Poster presented at the Annual Red River Psychology Conference, Fargo, ND, April 2006.

**Heimerdinger, S. R***. A Solution-Focused Approach to Group Work With Abused Children*. Paper presented at the annual Northern Lights Psychology Conference, Grand Forks, ND, October 2005.

**Heimerdinger, S. R**., & Hinsz, V. B. *Peer Discussion Reduces Self-reported Intentions to Participate in Group Sexual Assault.* Poster presented at the annual meeting of the American Psychological Society, Los Angeles, CA, May 2005

**Heimerdinger, S. R.**, & Hinsz, V. B. *Psychometric Properties of the Stress in General Scale.* Paper presented at the Midwestern Psychological Association Annual Conference, Chicago, IL, May 2005.

Hinsz, V. B., Spieker, C. J., **Heimerdinger, S. R.**, & Lawrence, D. M. *The Potential of Motivation to Produce Group Memory Performance beyond Optimum.* Paper presented at the Society of Personality and Social Psychology Annual Meeting, New Orleans, LA, January 2005.

**Heimerdinger, S. R.**, & Hinsz, V. B. *Dispositional Variables Influence Self-reported Likelihood to Behave Sexually Violent Toward Women.* Poster presented at the American Psychological Society Annual Conference, Chicago, IL, May 2004.

Ladbury, J., Hinsz, V. B., & **Heimerdinger, S. R.** *Social Projection in Rating the Likelihood of Desirable and Undesirable Sexual Behavior.* Poster presented at the American Psychological Society Annual Conference, Chicago, IL, May 2004.

**Heimerdinger, S. R**., Hinsz, V. B., & Jundt, D. (2004, May). *Motivational traits and self-consciousness: Exploring the construct validity of the motivational trait questionnaire.* Paper presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.

**Heimerdinger, S. R**., & Hinsz, V. B. *Exploration of Differences in Men's Judgments of Likelihood to Rape or Force Sex.* Paper presented at the annual North Dakota Psychological Association Spring Conference, Fargo, ND, April 2004.

**Heimerdinger, S. R**., & Hinsz, V. B. *Does a macho Personality Predict Likelihood to Engage in Sexual Assault?* Paper presented at the annual Red River Psychology Conference, Moorhead, MN, March 2004.

Ladbury, J. **Heimerdinger, S. R**., Hinsz, V. B. Rating the Probability of Desirable and Undesirable Sexual Behavior: An Example of Social Projection. Paper presented at the annual Red River Psychology Conference, Moorhead, MN, March 2004.

Hinsz, V. B., **Heimerdinger, S. R**., Henkel, J. M., & Spieker, C. J. (2003, November). *The relevance of base-rate and case-specific information for probability judgments of disease occurrence.* Poster session presented at the annual meeting of the Society for Judgment and Decision Making, Vancouver, British Columbia.

**Heimerdinger, S. R**., & Hinsz, V. B. (2003, October). *Affect influences on motivational factors contributing to task performance.* Paper presented at the annual Northern Lights Psychology Conference, Grand Forks, ND.

**Heimerdinger, S. R.**, & Hinsz, V. B. (2003, September). *The perception of the tritone phenomenon among speakers of different languages.* Poster session presented at the North Dakota / South Dakota joint EPSCoR conference, Fargo, ND.

**Heimerdinger, S. R.**, & Hinsz, V. B. (2003, May). *The other side of motivation: The influence of failure avoidance motivation in a goal-setting situation.* Poster session presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.

**Heimerdinger, S. R.,** & Hinsz, V. B. (2003, March). *The importance of failure avoidance motivation in an achievement situation.* Paper presented at the annual Red River Psychology Conference, Fargo, ND.

**Service**

Center for Rural Education and Communities committee member

Student Academic Standards Committee member

Ad hoc reviewer

**Teaching Experience**

**The University of North Dakota:**

COUN 554 Internship preparation seminar

EFR 515 Statistics I (Univariate Statistics for CP doc students)

COUN 517 Assessment in Counseling (online school counseling program)

COUNS 551 Research Issues in Counseling Psychology

COUNS 514/517 Assessment in Counseling and Rehabilitation Counseling

COUNS 531 Psychology of Women, Gender & Development

**Iowa State University:**

PSYCH 440: Psychometrics

PSYCH 301: Research Design

**Advising**

Ryan Logue (doctoral student, left program); Kathryn Bradshaw (direct admit doctoral student), Lindsey Brinker (masters student), Cassie Campell (masters student), Melissa Wheeler (masters student), Alison Peterson (masters student), Krystin Smith (masters student), Kayla Hardy (masters student)

**Dissertation Committees**

Jill Calderon, John McCullogh, Louis Pagano

**Clinical Experience**

**University Counseling Services, University of Iowa August 2010 – August 2011**

**Pre-doctoral intern, Eating Disorders Special Emphasis Area**

Responsibilities:

* Individual therapy based on a time-limited model, intakes, crisis management, group therapy, assessments, outreach to various student groups, special training in individual and group approaches to the treatment of eating disorders.

**Student Counseling Services,Iowa State University, Ames, IA August 2008 – July 2010**

**Practicum Counselor**

Responsibilities:

* Individual and career counseling, intakes, career assessments, group therapy for trauma survivors

**Couples and Family Clinic, Iowa State University, Ames IA May 2009 – Dec 2009 Practicum Counselor**

Responsibilities:

* Conducted individual, couples and family therapy with clients from the community

**Counseling Services, Minnesota State University, Moorhead, MN** **August 2005-July 2006**

Responsibilities:

* Individual therapy, intake sessions, crisis intervention, outreach

**West Central Regional Juvenile Detention Center**, **Moorhead, MN** **May 2005-August 2005**

Responsibilities:

* Provided individual therapy to juveniles ages 14-18 detained for criminal offenses
* Provided individual and family therapy and evaluation to children and adolescents age 11-18 who were completing a court ordered 30 day psychiatric inpatient evaluation
* Worked with a multidisciplinary, participating in treatment planning, case conferences, and release planning sessions

**Lakeland Mental Health Center, Moorhead, MN** **January 2005- May 2005**

Responsibilities:

* Play therapy for boys age 6-8, milieu interventions to children ages 6-11, in-school interventions and consultation

**ASSESSMENT TRAINING (*Experience Administering/Interpreting Test*)**

***Intelligence/Cognitive/Achievement Tests***

Wechsler Adult Intelligence Scale-IV (WAIS-IV)

Wechsler Adult Intelligence Scale-III (WAIS-III)

Wechsler Intelligence Scale for Children (WISC-IV)

Wechsler Individual Memory Scales (WMS-III)

Wechsler Individual Achievement Test- II (WIAT-II)

Stanford Binet Intelligence Scales V (SB5)

Woodcock-Johnson Tests of Achievement (WJ-III)

***Personality, Clinical, and Forensic Tests***

Brief Symptom Inventory (BSI)

Eating Disorder Inventory (EDI)

Millon Clinical Multiaxial Inventory-3 (MCMI-III)

Minnesota Multiphasic Personality Inventory-2 (MMPI-2)

Minnesota Multiphasic Personality Inventory-2-RF (MMPI-2 Restructured Form)

Beck Depression Inventory (BDI)

Beck Anxiety Inventory (BAI)

Structured Clinical Interview for the DSM-IV, II

Rorschach

Thematic Apperception Test

Wisconsin Card Sorting Test

Juvenile Sex Offender Recidivism Risk Assessment Tool –II (JSORRAT-II)

***Vocational Tests***

Strong Interest Inventory II

Kuder

Missouri Occupational Card Sort (MOCS)

Myers-Briggs Type Inventory (MBTI)

**Awards and Honors**

* Graduate College Teaching Excellence Award, Iowa State University, 2010
* Excellence in Teaching Award, Dept. of Psychology, Iowa State University, 2009
* Dept. of Psychology Graduate Conference Travel Stipend, Iowa State University
* North Dakota State University Graduate Conference Travel Stipend
* American Psychological Society Convention Travel Assistantship Award
* E. V. Estensen Award: Outstanding Psychology Major
* Advanced Undergraduate Research Award, ND EPSCoR
* Psi Chi National Honor Society
* Phi Kappa Phi National Honor Society
* Golden Key International Honor Society
* Mortar Board National Honor Society

**Membership in Professional Organizations**

* American Psychological Association
* North Dakota Psychological Association

**References**

**David Vogel, Ph.D.**

Associate Professor and Director of Training

Licensed Psychologist

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Iowa State University

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Assistant Professor

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**Douglas G. Bonett, Ph.D.**

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**Julie M. Corkery, Ph.D.**

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